1	Using Atopic Dermatitis Mice Model to Study the Improving Effects
2	and Concerted Mechanism of Undaria pinnatifida Water Extracts
3	and Sacha Inchi Oil
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6	Outline
7	1. Introduction
8	2. Component Analysis of Undaria pinnatifida water extracts (UPw) and the
9	Antioxidant Ability of UPw, Sacha inchi oil methanol extracts
10	3. Effects of UPw and Sacha inchi oil emulsion on cell survival and degranulation
11	on P815 mast cell
12	4. Oral administration of UPw, SIO and their mixture alleviate DNCB-induced
13	atopic dermatitis by regulating immune responses in BALB/c mice
14	5. Conclusion
15	Abstract
16	Atopic dermatitis (AD) is an allergic skin disease accompanied by chronic
17	inflammation that is characterized by severe itching, redness, dryness, and eczematous
18	skin lesions. It is known to be caused by immune dysregulation resulting from the
19	complex interaction of environmental and genetic factors. Undaria pinnatifida is an
20	edible brown seaweed which has bioactivities such as antioxidant, anti-inflammatory,
21	antitumor, antiviral, and anti-obesity properties. Sacha inchi (Plukenetia volubilis) oil
22	(SIO) has high contents of omega-3 fatty acids that can prevent multiple diseases;
23	including arthritis, cancer, diabetes, and inflammatory skin diseases. Mice were divided
24	into seven groups: (1) Control (only soybean oil), (2) DNCB-ddH ₂ O (DNCB + ddH ₂ O),
25	(3) DNCB-soybean oil (DNCB + soybean oil), (4) Dex. (DNCB + Dexamethasone), (5)
26	UPw (DNCB + Undaria pinnatifida water extracts), (6) SIO (DNCB + Sacha inchi oil)
27	and (7) Mix (DNCB + Undaria pinnatifida water extracts + Sacha inchi oil) .The results
28	showed that the antioxidant DPPH scavenging activity, hydrogen peroxide scavenging
29	activity and ferrous ion chelating activity of Undaria pinnatifida water extracts (UPw)
30	were 77.33 \pm 0.74 %, 70.79 \pm 2.72 % and 86.80 \pm 0.94 %, while the antioxidant DPPH
31	scavenging activity, and ferrous ion chelating activity of SIO methanol extracts were
32	60.33 ± 2.60 % and 66.87 ± 8.64 %. When used in vitro 1 mg/mL of UPw and 3.125
33	mg/g of SIO with P815 mouse mast cells had anti-degranulation effect, but not
34	significant cytotoxicity. In vivo, UPw, SIO, and their combination showed they could
35	reduce DNCB-induced IgE expression, skin damage, subiliac lymph node swelling, and
36	spleen swelling while having no synergistic effects on alleviating DNCB-induced
37	symptoms in BALB/c mice. It suggests that UPw and SIO could serve as therapeutic
38	agents for inflammatory illnesses of AD.

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