

分析馬來西亞巴生谷外籍勞工之食品安全知識、態度及作業方法

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摘要

據調查每年有 6 億件食源性疾病的感染案例，並導致 42.5 萬人的死亡，而改善公眾對於食品安全知識、態度及作業方法 (Knowledge, Attitudes, and Practices, KAP) 的觀念可以降低食源性疾病的傳播。馬來西亞國內有 11.1% 的外籍勞工，其中從事食品相關工作的人數比例很高，因此本研究的目的為評估目前馬來西亞巴生谷中各行業外籍勞工的食品安全 KAP，並根據分析結果訂定計畫以改善其食品安全 KAP。本研究利用 google 表單及電話訪談的方式進行問卷調查，最後採用 403 名人員的問卷做研究，問卷的結果利用分段結構方程式及多元回歸分析來判斷食品安全 KAP 的預測因子，並探究不同國籍之間的差異。研究結果顯示食品安全知識與態度和作業方法有顯著關係，另外女性受訪者在食品安全知識及態度的問卷得分較男性低，印尼和菲律賓受訪者的食品安全知識和態度的得分低於尼泊爾受訪者，而從社群媒體了解食品安全相關的知識與受訪者的食品安全知識及作業方法呈現正相關。從研究結果可以判斷食品安全教育需要著重在女性、年齡低、印尼及菲律賓籍的勞工，而社群媒體對於提升公眾的食品安全知識及衛生習慣具有一定的潛力。

關鍵字：食源性疾病、食品安全意識、食品從業人員衛生、社群媒體、公共衛生

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